

5/19/2020

## **COVID-19 PROTOCOL AT HEALING MOTION PHYSICAL THERAPY**

We have adopted policies and procedures to ensure the safety of our patients and staff. We are following all necessary guidelines from the [CDC](#) and the [WHO](#).

### **PATIENT & STAFF SCREENING**

Patients coming in for treatment will be asked screening questions every day that they come in:

- Have you tested positive for COVID-19 coronavirus in the last 10 days?
- Have you had close contact with a person confirmed to have the COVID-19 coronavirus in the last 10 days.
- Have you experienced respiratory symptoms such as fever, cough, or shortness of breath in the past 7 days?

If the answer is yes to either of these questions, we ask that you follow the steps laid out [here](#) by the CDC.

### **PERSONAL PROTECTION & HYGIENE**

All patients and staff will follow this procedure upon arrival to HMPT. Your PT will not see you until you have completed these steps:

- Shoe removal upon entering the clinic.
- Enter wearing mask, and wear mask at all times inside the clinic. A mask will be provided if you do not have sufficient protection. Therapists and staff will be wearing N95 masks for added protection.
- Wash hands for at least 20 seconds.
- Gloves will be worn upon request.
- Forehead will be scanned with infrared thermometer to check temperature (any person with a body temperature above 99.0 will be asked to go home).
- Patients to bring any necessary water and/or a change of clothing.

### **SOCIAL DISTANCING**

- We are limiting the number of people in our clinic. *We are allowing no more than 1 patient in the clinic at one time.* No dual treatments will be occurring.
- To keep minimal persons in the clinic at once, we ask that you remain outside the clinic until the previous patient has exited.

### **CLEANING & DISINFECTING**

- We have increased our cleaning frequency to take extra precautions.
- We will have a ten-minute interval between patients to allow for sufficient sterilization of all potentially contaminated surfaces.
- All equipment will be wiped down after every use.
- Doors and windows will remain open along with use of fans to maximize ventilation.
- We will be using latex-free, disposable massage table paper roll for covering of pillows
- High powered whole room germicidal UV-C lamp will be used as a further supplement to sanitize the treatment space.